Records identified through database searching (n =1081)

OVID Medline = 369

OVID Embase= 478

Cochrane Database of Systematic Reviews = 9

Cochrane CENTRAL Register of Controlled Trials = 67

CINAHL = 156

**Appendix 1. PRISMA study selection flow chart**

2 Reviewers

Full-text included based on screening of reference lists (n = 0)

Full-text articles excluded (n = 11)

-Study design = 5

-Lack of exposure = 1

-Lack of outcome = 2

-Unclear exposure and outcome = 3

Studies included (n = 2)

Included (n = 2)

Full-text articles assessed for eligibility (n = 13)

Disagreement discrepancies adjudicated by third reviewer

Duplicates removed (n = 499)

Records for titles and abstract screening (n =582)

## Identification

## Eligibility

## Included

## Screening