Studies from databases/registers **(n = 9481)**

Embase (n = 4743)

PubMed (n = 3164)

CINAHL (n = 1116)

CENTRAL (n = 393)

ClinicalTrials.gov (n = 54)

World Health Organization (WHO) (n = 11)

References from other sources **(n = 6 )**

Citation searching (n = 0)

Grey literature (n = 6 guidelines)

**Identification**

Included studies ongoing **(n = 0)**

Studies awaiting classification **(n = 0)**

Studies included in review **(n = 37)**

Studies excluded **(n = 6289)**

Studies not retrieved **(n = 0)**

Studies assessed for eligibility **(n = 93)**

Studies sought for retrieval **(n = 93)**

Studies screened **(n = 6391)**

References removed **(n = 3090)**

Duplicates identified manually (n = 20)

Duplicates identified by Covidence (n = 3070)

Marked as ineligible by automation tools (n = 0)

**Screening**

Studies excluded **(n = 57)**

Wrong/no outcome (n = 4)

Data Not Available (n = 5)

Wrong population (n = 2)

Wrong intervention (n = 4)

Full text not available (n = 7)

Method of preservation not provided (n = 26)

No English abstract available (n = 3)

Wrong study design (narrative review) (n = 5)

**Included**